

Our Ref: KLS/KON

January 2019

ALL Parents/Carers

Dear Parent/Carer

At Dormston we would like all of our pupils to reach their full potential and feel supported to attend school and remain in lessons, as much as possible, when experiencing minor medical issues.

The three main areas where pupils struggle are often associated with feeling sick, headaches and general aches and pains. We feel that in most circumstances these conditions can be managed in school with the care and support of the Pastoral/Medical Team.

The measures currently in place to support your child if unwell are as follows:

- pupils are encouraged to get fresh air and drink water;
- close monitoring of the pupil will take place and parents/carers will be contacted if we have any further concerns;
- the school can issue paracetamol providing parents/carers have completed the school consent form;
- heat and icepacks are also available to offer comfort and relief.

Additional guidance to support your child can be found on the following websites:

<https://www.nhs.uk/conditions/feeling-sick-nausea/>

<https://www.nhs.uk/conditions/headaches/>

<https://www.nhs.uk/conditions/period-pain/>

<https://www.nhs.uk/conditions/sprains-and-strains/>

We would like to reassure you that we will always send pupils home if we feel they are too unwell to remain in school.

Yours sincerely

K Lewis

Mrs Kerry Lewis

School Nurse