



Building my skills for

life & work!

Lesson plan.



Introduction.

In this session you are going to match your personality type and interests to careers, learn about the skills needed for the world of work, and understand what skills you already have.

“

Victar was a really good experience, it got me really engaged and interested in careers. My favourite part was when it chose my spirit animal based on how I answered my personality questions, then how it showed me what career my spirit animal would be good at.

”



See what the student's say... [Click here!](#)

What type of animal are you?

Complete the Launch Your Career
Personality Quiz...



Personality Quiz discussion.

Briefly with the people next to you share which animal you got.

- Did anyone close to you get the same?
- Did you think your animal reflects you?
- What sort of careers did it suggest you might enjoy?
- Which celebrity are you most like?

Now click next to select your interests in the world of work.

Your animal icon will show the areas you are most suited to.

Careers discussion.

By selecting your interests and the sectors and sub sectors you should now have reached your chosen career – view the LMI stats and discuss

- What does the job involve?
- How much could you earn?
- Is this the demand for this job growing/declining?
- Watch the video to see what someone working in this career has to say.

Complete the registration form to save your career choice.



Personalised Dashboard.

Your personalised dashboard gives to all the information relating to your chosen career, select your visitor planner to see the following...

- What employers are you going to visit at the show?
- Which Have a Go activities are you going to take part in?
- Which spotlight talks are you going to attend?



The skills framework.

Do you have all of the skills you need for the career and future of your dreams?

You are not born with the skills you need for the rest of your life – you learn and develop them each and every day!

Activity! ↘

Complete the Skills Framework sheet to find out what your skill strengths are and where you could improve.



Wash Up.

Activity!

Complete the reflection sheet to show what it is you have learnt from the session today.

If you have a Young Professional account, do not forget you can use the reflection area to store your own reflections of this careers activity and record the skills you have used and been developing.



Thank you.

